

A photograph of a person standing on a dirt path in a forest. The person is wearing a purple jacket and patterned leggings. The path is reflected in a calm pond in the foreground. The trees are tall and green, and the sky is visible through the canopy. The text 'Examine Yourself' is written in a large, white, cursive font across the top half of the image.

Examine Yourself

whether ye be in the faith; prove your own selves.
Know ye not your own selves, how that Jesus
Christ is in you, except ye be reprobates?

2 CORINTHIANS 13:5

CKCKS CAMP 2017

December 19 – 22 | Aloha Loyang – Sea View Bungalow 1

This Camp Booklet Belongs to:

Welcome Address

Dear CKCKS youth,

First and foremost, my committee and I would like to welcome you to the highly anticipated year end CKCKS camp 2017. This year, most of my committee members including myself had the privilege of being part of the organizing committee either as a member or a camp master for the first time. We thank God for His grace in sustaining and guiding us thus far in the planning process for this camp.

Over the last couple of camps, the themes were focused mainly on understanding the various aspects of doctrines. This year, the committee wanted to extend our youths' understanding and application of the Christian walk by having the theme, "Examine Yourselves". This theme encourages us to apply the doctrines learnt into our lives, and examine ourselves, whether we walk in holiness and righteousness. This may be painful for us as youths for we recognize our weaknesses and the temptations that are before us. (If you're reading this, come to me for a prize.) Hence, over the next few days, our speakers will be addressing the basis of self-examination, contentment, the antithesis and love for the church. We hope that the campers will be spiritually nourished and encouraged by the Word and discussions.

Today, CKCKS is seeing many of our older youths transiting into the next stage of their lives, such as graduating from university, getting married and having children of their own so on and forth. Also, we have youths (to-be) coming in from the primary school level who are transiting into secondary level. Do take this time to mingle with one another (both young and younger) to get to know each other better in the coming days. We pray that you may find fellowship among the saints as well as the programme installed for you to be edifying and enjoyable!

In His Service,
Kuang
Chairman for the 2017 Camp Committee

Speakers' Address

Dear Youth of CERC and Visitors,

This year, the camp committee has invited four speakers for our camp: Elder Leong, Elder Lim, Elder Lee, and Pastor Lanning. It is always nice to have several different speakers, because then we as campers get to enjoy the various perspectives and gifts of the different men as they instruct us in their respective speeches. We thank God that He has given us these speakers who are not only able, but willing and cheerful to teach us this year.

On behalf of the other three speakers and myself, it is my privilege to write the Speakers' Address for your camp booklet. On behalf of the other speakers, I welcome you to the camp, and pray that God would bless the instruction given for your encouragement and for God's glory.

The speeches this year revolve around the theme, "Examine Yourselves." This theme is taken directly from II Corinthians 13:5 – "Examine yourselves, whether ye be in the faith; prove your own selves. Know ye not your own selves, how that Jesus Christ is in you, except ye be reprobates?" As the text itself indicates, this is an important calling. Christ's own apostle calls us to examine ourselves!

In CERC, we hear quite a bit about self-examination. Before every Lord's Supper, we have a preparatory service which helps us examine ourselves. At that service, we read the Form for the Administration of the Lord's Supper, which tells us that before we come to the table it is above all things necessary, first, "that we rightly examine ourselves." As covenant youth, many of us are not yet communicant members, but we still hear this instruction. As covenant youth, it is also our calling to examine ourselves.

This calling is especially urgent in our day and age, for there are many who live however they please. It is also our temptation to do what we want, when we want. Over against this thinking is the calling of the Scriptures to walk in God's way. Many times, the Scriptures call especially the youth to take heed to their way (Psalm 119:9; Proverbs 1:4 and many more Proverbs; Ecclesiastes 12:1ff; just to name a few). And so the calling comes to us as youth in this camp: Examine yourselves!

There are many areas of our lives that we can examine: home and family life, school life, church life, devotional life, life in our neighbourhoods, public life, private life, and so on. The speeches will focus on these areas: examining ourselves in general, with regard to living the antithesis, with regard to living in contentment, and with regard to love for the church.

We look forward to a profitable CKCKS Camp under the blessing of our covenant God.

Warmly in Christ,
For the Speakers,
Pastor Lanning

Key Personnel

Camp Master and Medic	Soh Zheng Kuang , Noel	HP: 8500 6949
Vice-Camp Master & Activities IC	Noelene Wong	HP: 9648 0710
Food IC	Given Liu	HP: 9006 7055
Logistics IC & Treasurer	Meryl Lim	HP: 8139 5863
Administration	Rachel Leah Yeow	HP: 9011 0823
Photographer	Nichelle Wong	

Camp Rules

We do not like to list down too many dos and don'ts. This being a Christian youth camp, we would expect all of you to conduct yourselves in accordance with the Word of God and the laws of Singapore while edifying one another in word and action. But in order to make CAMP2017 FUN, SAFE, and ENJOYABLE, the Organizing Committee asks that you abide by the following:

1. Please **comply with the instructions** of the Organizing Committee members and/or appointed leaders at all times.
2. Your **punctuality** is important to us. Please help our activities get going on time.
3. **Lights-out is from 11pm to 8.30am**. Please be quiet during this time so that others may rest. The campsite will be on 'lock-down' during this time, so please do not attempt to escape.
4. In order not to disrupt our activities and good fellowship, we ask that you **limit the use of your electronic devices** to Bible/Psalter applications and essential communication only during the activity hours of 9am to 10pm.
5. If you need to leave the campsite, you must first **inform your group leader and seek clearance** from the Camp Master/Vice-Camp Master.
6. The camp committee has the right to confiscate items such as phones or have the camper be sent home should anyone refuse to comply with the instructions and warnings given or become disruptive to the programme flow. Items will be returned to the camper only when the Camp Master/Vice-Camp Master deems fit at any point or by the end of the camp.

Camp Groups

<u>Group 1</u>	<u>Group 2</u>	<u>Group 3</u>
Joseph** Eric* Emily Lanning Emily Chua Noelene Johann Chin Wei Jie Tze Yan Zi Hui	Tian Loong** Deuel* Johann Trinidad Joy Meryl Jessica Given Melina	Cheryl** Nathaniel* David Kuang Charis Nichelle Eliana Marcus Wee

(Note that outing groups will be separately assigned)

** Group Leader

* Assistant Group Leader

Devotion Groups

Deuel* Nathaniel Johann Chin	Kuang* David Given Tian Loong	Joseph* Eric Johann Trinidad Wei Jie
Nichelle* Eliana Meryl Melina	Cheryl* Charis Jessica	Zi Hui* Emily Lanning Noelene Emily Chua

*Group Leader

Clean up Roster

	Day 1	Day 2	Day 3
Breakfast	-	Group 2	Group 1
Lunch	-	-	Group 2
Dinner	Group 1	Group 3	Group 3

Timetable

Day 1 – Tuesday, 19 December

1600 – 1800	Opening & games
1800 – 1900	Wash up / Free time
1900 – 2000	Dinner & Area cleaning
2000 – 2100	Singspiration & Speech 1
2100 – 2145	Discussion 1
2145 – 2300	Free time
2300	Lights off

Day 2 – Wednesday, 20 December

0830	Wake up call
0845 – 0915	Devotions
0915 – 1000	Breakfast & Area Cleaning
1000 – 1100	Singspiration & Speech 2
1100 – 1145	Discussion 2
1145 – 1230	Travel to outing location
1230 – 1330	Lunch
1330 – 1600	Outing
1600 – 1800	Travel back & Free time
1800 – 1900	Wash up / Free time
1900 – 2000	Dinner & Area cleaning
2000 – 2100	Singspiration & Speech 3
2100 – 2145	Discussion 3
2145 – 2300	Free time
2300	Lights off

Day 3 – Thursday, 21 December

0830	Wake up call
0845 – 0915	Devotions
0915 – 1000	Breakfast & Area Cleaning
1000 – 1100	Singspiration & Speech 4
1100 – 1145	Discussion 4
1200 – 1300	Lunch
1300 – 1700	Afternoon activities
1700 – 1800	Special Dinner Preparation
1800 – 2000	Special dinner
2000 – 2130	Special Night Activity
2130 – 2145	Area cleaning
2145	Camp Closing

Day 4 – Friday, 21 December

0900	Wake-up call
0900 – 0930	Breakfast
0930 – 1030	Pack up campsite
1030	Check-out

Speech 1: Examine Yourselves

Speaker: Pastor Lanning

Scripture Reading: II Corinthians 13

Text: II Corinthians 13:5

1. The Idea of Self-Examination
 - A. Positively: Examine Your Life
 - B. Negatively: Not to Undermine Your Assurance of Salvation
 - C. Explanation of II Corinthians 13:5

2. The Requirements of Self-Examination
 - A. Power: The Spirit of God
 - B. Standard: The Word of God
 - C. Goal: The Glory of God

3. The Result of Self-Examination
 - A. Repentance
 - B. Conversion
 - C. Blessing

Discussion 1: Examine Yourselves

1. What is self-examination and why is it important? Why is it important for the covenant youths of CERC to examine themselves in this current day and age?
2. Examining ourselves is a biblical command, but how is this good idea of self-examination wrongly applied by some today? What is the error of their teaching? Why is this such a serious false teaching? What is the truth about self-examination?
3. What does the Form for the Administration of the Lord's Supper have to say about examining ourselves? How can we apply this as covenant youths to our calling to examine ourselves?
4. Why is it so important to use the Scriptures as the standard for examining ourselves? How can we increase in our knowledge of the Scriptures so that we are better able to examine ourselves? How can the Reformed Confessions be useful to us in the matter of self-examination?
5. When we depend upon God to search and know our hearts, what will be the result? How does this bring glory to our God? How does this benefit us?

Speech 2: Contentment

Speaker: Elder Lim

Text: 1 Timothy 6:6-8

1. Understanding Contentment
2. Godliness and Contentment
3. Our Calling to be always contented

Discussion 2: Contentment

1. What is contentment and what is covetousness? Why is contentment important for a Christian?
2. Read Psalm 37:16, Proverbs 30:7-9, Luke 12:16-21. What do these verses teach about contentment?
3. Why is it difficult for a Christian to be contented? What are the temptations that hinder you, as a Christian youth, to be contented?
4. What is godliness? How is godliness related to contentment? How does godliness bring forth contentment?
5. What are the blessings when we are able to confess that we are contented in our life? How is godliness with contentment profitable to a Christian?

Speech 3: The Antithesis

Speaker: Elder Lee

Text: 2 Corinthians 6:11-18, 7:1

1. The Sharp Contrast

2. The Holy Calling

3. The Blessed Promise

Discussion 3: The Antithesis

1. Give as many pairs of opposites to describe the antithesis as you can. Cite Scripture passages (direct or indirect) for each pair. Are there any new pairs you never thought of/knew?
2. As Christians, we live “in the world, but are not of the world”. What is the proper understanding of this phrase? How does understanding it affect the way we live our daily lives?
3. What does James 4:4 mean? Can we be friends with non-Christians? How should we relate to them in school, at work?
4. In what areas of life are you able to bear a good antithetical witness? In what areas do you struggle? Why? Share with one another some ways you can overcome those struggles.
5. Antithetical living will bring suffering and persecution. Are you prepared to suffer for Christ’s sake? How can you prepare yourself for suffering and persecution?
6. What is the blessed promise of God with regards to our antithetical living? How is that an encouragement to us?

Speech 4: Love for Church

Speaker: Elder Leong

Text: Psalm 132, Psalm 137, Ephesians 5

1. The Status of the Church
 - A. Her Relationship to God
 - B. Her Relationship to God's People

2. Why we must love Her?
 - A. Because Christ loves Her.
 - B. Because of the Covenant Life in Her

3. How we ought to love Her?
 - A. In keeping His Covenant
 - B. In being a lively stone of the Church

Discussion 4: Love for Church

1. How does my relationship with God and my brothers and sisters in Christ affect my Love for the church?
2. Am I growing spiritually in the church which I am a/going-to-be a member of? If yes, how? If no, why not?
3. How have I been as a “lively stone” in the house of God?
4. Examine how the doctrine of the covenant shapes your life and callings in relation to the church.
5. What are some of the essential principles you must hold to and preserve, in order that the next generation is nurtured? (Do discuss in relation to your future partner, your careers, your future home, etc.)

Day 2 Morning Devotions

By Rev. Hanko, a minister emeritus in the Protestant Reformed Churches.

“Wherefore the rather, brethren, give diligence to make your calling and election sure; for if ye do these things, ye shall never fall.” II Peter 1:10

Your election is that amazing wonder of grace that God has chosen you as His very own, and loves you with an eternal, unchangeable love, for no reason to be found in you, but only in sovereign good pleasure.

Since the rest of humanity by that same sovereign will are reprobated to perish in their sins, we can only marvel the more that we should be counted among that elect people. Why should God choose me? I certainly am no better than the many thousands who are justly condemned to hell for their sins. I stand amazed at that boundless mercy that the eternal God should have compassion upon me, the most unworthy. Don't you?

That election is the eternal and certain ground of our salvation. Our Canons tell us that our election is of unspeakable consolation to us. How important it is that we are sure that we are among the elect, whose names are indelibly written in the Book of Life. To make our election sure, Peter tells us, we must make our calling sure. Our calling is that powerful work of our God's Spirit in our hearts whereby, through the preaching of the Word, we were transformed from death into life, from darkness into God's marvelous light.

As a newborn babe has the ability to see, even though it cannot as yet focus its eyes, so also at our rebirth we are given the potential, the ability, to believe. In due time this ability is brought into an active believing, whereby we learn to know our sin and misery and embrace Christ with all His benefits, to live a new and holy life in gratitude to God. We are called out of death into life, to live before the face of God and to tell His praises. Therefore it is so very important that we give diligence to make our calling sure. Only then can we make our election, the eternal ground of our salvation, sure.

Does this imply that our calling, and therefore our election, is and remains a grave uncertainty throughout most of our lives? Is it an earmark of a child of God that he doubts his salvation? Should I be asking myself time and again, "Am I really saved?" Does self-examination mean that I ask myself, "Am I a child of God?" We must understand well that this would be contrary to the presence and work of the Holy Spirit within us, and also contrary to true faith wrought by Christ's indwelling Spirit. Faith is a sure knowledge. It is not a mere intellectual knowledge (as important as that is), but a conviction of the heart. Job confesses: "I know that my Redeemer liveth." And Paul assures us that he is "confident of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ." Besides that, faith is a hearty confidence, trust, assurance. As David says: "My soul waiteth upon God, from him is my salvation." Therefore Paul does not admonish us to examine ourselves whether we have faith, but rather, whether we are in the faith, (II Cor. 13:5).

The example has been used of a man who, when he awakens in the morning, does not pinch himself to find out whether he is alive. He knows he is. The same thing applies to a true and living faith. We know that we are sons and daughters of our merciful, covenant God. In the words of the apostle Paul,

we must examine ourselves whether we are in the faith. "The faith" here means the objective truth as we have it in the Word of God. Just as we are accustomed to speak of "the faith of our fathers," referring to the content of their faith, so also here the truth as it is revealed to us in the Scriptures and as we receive it through faith is meant.

This does not mean that I can rest content because I accept all that is in the Bible to be true. Or because I formally attend church and say my prayers. All that may be true, but it may still also be true that I do not live "in the faith," I do not live in the full assurance of being God's elect. The question is, therefore, do I love the Lord my God with my whole being? Do I love Him more than I love my family and my earthly possessions? Does He have first place in my life? Do I seek to glorify His name in all that I say and do? Do others see in my daily walk that I am a Christian?

What we see as we stare into the mirror of God's Word is not appealing. We see our sinful nature and our sin as it still wars in our members. We see in our daily walk the very opposite of love and devotion to our God. We sin constantly in all that we say and do. We see ourselves as hopelessly lost sinners in the sight of the living God. We can only complain: "O wretched man that I am! who shall deliver me from the body of this death?" In our misery we cry out with the psalmist: "Out of the depths have I cried unto thee, O Lord. Lord, hear my voice, let thine ears be attentive to the voice of my supplication."

But we also hear anew the glad tidings of the gospel. We hear Christ say to us: "Though your sins be as scarlet, I have washed you white as snow." All the gold and silver of this world can not atone for a single sin. God performs the impossible. He gave His Son. His Son gave His life. Christ now lives to bless us out of heaven. By His Spirit within us He assures us of the forgiveness of our sins and sanctifies us to a new and holy life, to the praise of our God. In gratitude to Him we desire to live unto Him, even as we live by Him.

But salvation is of the Lord. Christ knows His own, given to Him by the Father and redeemed by His cross, whom He calls by name, and they come to Him. And this same Christ who has begun a good work will surely finish it. He assures us: "I will never leave thee, nor forsake thee." None of self. It is all of Him! Well may we heed the Word of God: "Give diligence to make your calling and election sure."

Questions for discussion:

1. In what way can you live in the faith in your daily callings?
2. What are the struggles you face in living in the faith?

Reflections:

As we begin day 2 of this camp, what are your thoughts and reflections on the theme of 'Examine Yourselves'? What are the struggles and temptations you face in this life? What do you expect to gain or learn by the end of this camp?

Day 3 Morning Devotions

"Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints." Eph. 6:18

This prayer is a spiritual prayer. Supplication is one of several forms of prayer. Prayer can and does assume the form of praise, of confessing one's sins and also of thanksgiving. Here we read of supplication. Prayer is not a magic means to get something. It is not for a Christian then, to pray that this spiritual battle would cease, that we and the enemy of darkness may live together peaceably and amicably? How impossible! Prayer is the address, the reaching out of my soul to the living God, to receive His grace in whatever circumstances He may place me. Prayer does not attempt to change or mould God's will, but it does seek to know and abide by that will of our God.

Prayer and supplication. Yes, especially supplication. Indeed, how deeply we are in need! Indeed, we give thanks to God, praise Him, but always the child of God addresses to the Lord the supplicating plea. How true this is particularly here, in this context, in the midst of this warfare that never stops, never knows of any armistice! How desperately we are dependent upon Him, the God of our salvation!

Praying always with all prayer and supplication in the Spirit, we must watch thereunto with all perseverance. The expression, "watching thereunto in all perseverance," refers to what precedes, and especially to the words, "in the Spirit." We will return to this in due time. However, we must watch unto this end, unto the end that we may always engage in prayer and supplication. We must not fall asleep in this spiritual conflict. We must always be on the alert. We must know the enemy. We must never compromise with him. We must always bear in mind the intensity of the conflict, the constant purpose of the foe. Always we must understand our own weaknesses. We must indeed persevere in prayer and supplication.

To be sure, we are not engaged in a battle against flesh and blood! Today we hear much of a social gospel, a gospel that is geared to making this world a better place in which to live. How common today is this social gospel. It is but an example of the wiles of the devil! If only he may lull the people of God to sleep, persuade them to lay aside the armour of God and join forces with the world to improve all of life here below! How impossible is this view! We are not called to conquer this world and transform it. We are called to stand, never to renounce our calling, always be witnesses of the light in the midst of darkness.

We must pray in the Spirit. And this surely means, not only that we must be in the Spirit, but also and emphatically that we must pray as in the Spirit, as controlled and influenced by Him. We must pray as Christ taught us to pray, as according to His Word, seeking to be pleasing in God's sight, that we may walk worthy of the gospel, worthy of God, always seeking to glorify Him Who called us out of darkness into His marvelous light. Such is our calling. And only when we thus pray in the Spirit shall we be able to stand in the midst of this fearful battle.

This prayer is a constant prayer. The text emphasizes this. First, we read here the word, "always." Literally we read: "in every time, at every moment." We are reminded of I Thess. 5:17. We must pray always, not necessarily audibly, but also silently, as within ourselves. Besides, we also have the expression, "in all perseverance." In all perseverance we must watch thereunto. We must never stop

this watching. We must continue this perseverance to the very end, always engaging in all prayer and supplication.

How necessary this is! Visualize, if you will, the setup here, the church of God as involved in a battle which is to the death. This is a spiritual battle, not for or against flesh and blood, but between light and darkness. And, it is a struggle without compromise. In this struggle we have, first of all, the kingdom of this world with all its man-power and all its resources. Against this kingdom of darkness is the Cause of the Son of God. The church is but a little flock, few in number, and so weak in resources. Besides, please note how we must fight. We must stand, but only in the armour of God. Our only offensive weapon is the sword of the Spirit, which is the Word of God. We may never resort to violence, fight fire with fire; we must put all our trust, never in ourselves, but solely in the Lord. What a hopeless struggle as far as the church of God is concerned!

We must pray for the saints, and then for all the saints. They are saints, holy ones. This enables us to understand why the apostle speaks of saints in this text. It is exactly this which explains this conflict. They are saints, separated from sin and dedicated to the living God. For this reason they are hated and persecuted by the world. The world hated Christ and therefore hates them. And now we must pray for them. And we must pray for all the saints. We must have before us all the people of God as they are engaged in this struggle. We must, therefore, keep abreast of the times, remember all God's people in our prayers to the throne of God's grace. May this conflict and the needs of the saints engaged in it, and of all the saints, ever occupy a prominent part in our prayers. This prayer is effective. Prayer is always effective. See James 5:16b, Matt. 7:7-8.

But the answer to this prayer is exactly that we will be able to stand, will not succumb, will be able to hold our position in the midst of the battle. Indeed, the blessedness of the armour of God will be ours. We will know that we are righteous, have peace with God, believe that we will attain unto the hope of everlasting glory and heavenly immortality, that we are even now more than conquerors through Him Who loves us and loved us upon the cross of Calvary. We will indeed be able to sing that wonderful song of victory as recorded for us in Romans 8:35-39.

So, let us pray with all prayer and supplication.

Let us pray in the Spirit, and for all the saints.

And we will know that we are more than conquerors.

Questions for discussion:

1. How is prayer important in the life of God's children?
2. Name 2 things you would like the person on your left to pray for now that you have a better understanding of our struggles of bringing our petition to God? (Then pray for that person)

Reflections:

After hearing 3 speeches under the theme of 'Examine Yourselves', what have you learned? How can it be applied in your daily life? Name one thing you would like to work towards in application of examining yourselves.

69 The Petition of a Good Conscience

PSALM 26 C. M.

BELIEF

English Melody

1 Be Thou my judge, O right-eous Lord, Try Thou my in - most heart;

I walk with stead - fast trust in Thee, Nor from Thy ways de - part.

- | | |
|-----------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|
| 2 O search me, Lord, and prove me now;
Thy mercy I adore;
I choose Thy truth to be my guide,
And sinful ways abhor. | 5 Let not the judgment fall on me
For evil men decreed,
For cruel men and violent,
Inspired by bribes and greed. |
| 3 My hands I wash in innocence
And seek Thy altar, Lord,
That there I may with thankful voice
Thy wondrous works record. | 6 But I in my integrity
Will humbly walk with Thee;
O my Redeemer and my Lord,
Be merciful to me. |
| 4 The habitation of Thy house
Is ever my delight; [Lord,
The place where dwells Thy glory,
Is lovely in my sight. | 7 Redeemed by Thee, I stand secure
In peace and happiness;
And in the Church, among Thy saints,
Jehovah I will bless. |

Hymns

1. Redeemed

Redeemed, how I love to proclaim it!
Redeemed by the blood of the Lamb:
Redeemed through his infinite mercy,
His child, and forever, I am.

Chorus:

Redeemed, redeemed,
Redeemed by the blood of the Lamb:
Redeemed, how I love to proclaim it!
His child, and forever, I am.

I know I shall see in His beauty
The King in whose law I delight;
Who lovingly guardeth my footsteps,
And giveth me songs in the night.

2. Stand Up for Jesus

Stand up, stand up for Jesus,
Ye soldiers of the cross,
Lift high His royal banner,
It must not suffer loss;
From victory unto victory,
His army shall He lead,
Till every foe is vanquished
And Christ is Lord indeed.

Stand up, stand up for Jesus,
Stand in His strength alone;
The arm of flesh will fail you-
Ye dare not trust your own;
Put on the gospel armor,
each piece put on with prayer,
Where duty calls, or danger,
Be never wanting there.

Stand up, stand up for Jesus,
The strife will not be long;
This day the noise of battle,
The next, the victor's song;
To him that overcometh,
A crown of life shall be;
He with the King of Glory
Shall reign eternally.

3. May the Lord find us faithful

God has not given us the spirit of fear,
But has given us the strength to obey.
With power and sound mind, with love, the
unfailing kind,
O be not ashamed of His way.

Chorus:

May the Lord find us faithful,
May His Word be our banner held high.
May the Lord find us faithful
Every day, though we live, though we die.

No man that seeketh after things of this life,
Is a soldier who passes the test.
Be faithful, be working, be running, be
serving,
Be searching His Word for His best.

Living or dying, may honor be Thine,
From this wretched life, You loved and
forgave.
A life that is on fire, be only our heart's
desire.
Be faithful from now till the grave.

4. Press On

There's a course that must be finished
there's a race that must be run,
there's a mission to accomplish,
and a battle to be won.
We've been called to take the challenge
by God's might and through His Son
He will give us grace to complete the race,
Moving forward, Pressing on.

Chorus:

Toward the hope of our high calling,
Toward the promise we've received,
With the strength that we've been given,
Pressing on to victory!
And toward the One who's run before us,
As we lay each weight aside.
'Till the race is run, 'till the price is won,
'Till we reach the finish line. Press on!

There's a faithful cloud of witnesses
who inspire us in our task
They have fought the fight, they have run the
race, they have won the crown at last.
And the lives they live reminds us, though
the race at times seems long.
God will give the grace to complete the race,
and the courage to press on!

5. Come, Thou Fount

Come, Thou Fount of every blessing
Tune my heart to sing Thy grace
Streams of mercy, never ceasing
Call for songs of loudest praise
Teach me some melodious sonnet
Sung by flaming tongues above
Praise the mount, I'm fixed upon it
Mount of Thy redeeming love

Here I raise my Ebenezer
Here there by Thy great help I come
And I hope, by Thy good pleasure
Safely to arrive at home
Jesus sought me when a stranger
Wandering from the fold of God
He, to rescue me from danger
Bought me with His precious blood

Oh, to grace how great a debtor
Daily I'm constrained to be
Let that goodness like a fetter
Bind my wandering heart to Thee
Prone to wander, Lord, I feel it
Prone to leave the God I love
Here's my heart, oh, take and seal it
Seal it for Thy courts above

6. Bow the knee

What a privilege to come into God's
presence,
Just to linger with the one who set me free.
As I lift my eyes and see His awesome glory,

I remember who He is and bow the knee.

Chorus:

Bow the knee, bow the knee,
He is king of all the ages, bow the knee!
God alone on His throne,
See Him high and lifted up and bow the knee!

Kneel before Him, all adore Him.
As you live to love Him more, bow the knee.

In His hand He holds the power of creation.
With His voice He spoke and all things came
to be.
Yet He hears each simple prayer I bring
before Him
when I humbly seek His face and bow the
knee.

7. Give of your best to the Master

Give of your best to the Master
Give of your best to the Master;
Give of the strength of your youth;
Armed with the sword of salvation,
Join in the battle for truth.
Jesus has set the example,
His life for us He gave;
Give Him your loyal devotion;
Give Him the best that you have.

Give of your best to the Master;
Give Him first place in your heart;
Give Him first place in your service;
Fully surrender each part.
Give, and to you will be given;
God His beloved Son gave;
Gratefully seeking to serve Him,
Give Him the best that you have.

Give of your best to the Master;
Naught else is worthy His love;
He gave Himself for your ransom,
Gave up His glory above.
Laid down His life without murmur,
You from sin's ruin to save;
Give Him your heart's adoration;
Give Him the best that you have.

8. It is well with my soul

When peace like a river, attendeth my way,
When sorrows like sea billows roll;
Whatever my lot, Thou hast taught me to say
It is well, it is well, with my soul.

Refrain:
It is well, (it is well),
With my soul, (with my soul)
It is well, it is well, with my soul.

Though Satan should buffet, though trials
should come,
Let this blest assurance control,
That Christ has regarded my helpless estate,
And hath shed His own blood for my soul.

My sin, oh, the bliss of this glorious thought!
My sin, not in part but the whole,
Is nailed to the cross, and I bear it no more,
Praise the Lord, praise the Lord, O my soul!

And Lord, haste the day when my faith shall
be sight,
The clouds be rolled back as a scroll;
The trump shall resound, and the Lord shall
descend,
A song in the night, oh my soul!

Notes

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